

Post Graduate Diploma in Guidance & Counselling 1st Semester Examination – 2018-19
INTRODUCTION TO GUIDANCE & COUNSELLING
First Paper (PGDGC-101)

ASSIGNMENT

(To be submitted by 18th November, 2018)

Full Marks - 100

Weightage of marks: 20%

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own languages as far as practicable.

1. Answer **any ten** Questions from the following : 2×10=20
 - a) Define Counseling?
 - b) What is Gerontological Counseling?
 - c) What is Meaning of Guidance?
 - d) Explain self-disclosure?
 - e) What is the concept of self-help Group?
 - f) Difference between intra-personal & inter-personal Counseling?
 - g) Explain Merits & Demerits of Non-Directive counseling.
 - h) Describe Psychiatric Nursing?
 - i) What is Follow-up Service?
 - j) Describe the concept of Tele-Counselling.
 - k) What is Health Guidance?
 - l) What do you know about Rehabilitation Council of India (RCI)?

 2. Answer **any Six** Questions from the following : 10×6=60
 - a) Mention types of Counseling? Describe Directive Counseling. 3+7
 - b) Briefly describe about the Educational welfare Service. 10
 - c) Describe the difference between Psychiatrist and Psychologist? 10
 - d) Write about Marital and Family Counselling 10
 - e) What is the Difference between Guidance and Counselling? 5+5
 - f) Mention Current forms of e-Counselling? 10
 - g) What do you know about National Institutes of Handicapped? 10
 - h) Discuss the importance of School Guidance Service. 10
 - i) How do you organize a Child Guidance Clinic? 10
 - j) Explain primary technique of Counselling. 10

 3. Answer **any one** Question from the following: 20×1=20
 - a) Describe the skill and basic knowledge of a Counsellor? 20
 - b) Write your Concept & Set-up process of a Career Hub in School? 20
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Post Graduate Diploma in Guidance & Counselling 1st Semester Examination - 2018-19
DEVELOPMENTAL & POSITIVE PSYCHOLOGY FOR COUNSELLING
Second Paper (PGDGC-102)

ASSIGNMENT

(To be submitted by 18th November, 2018)

Full Marks - 100

Weightage of marks: 20%

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own languages as far as practicable.

1. Answer **any ten** Questions from the following : 2×10=20
 - a) Define Psychology.
 - b) What is observation method?
 - c) Define emotion.
 - d) What is interview technique?
 - e) Define Sensation.
 - f) What are the types of Memory?
 - g) What is Positive Psychology?
 - h) What is intelligence?
 - i) Define Ego.
 - j) Define Anxiety.
 - k) What is Pre-natal development?
 - l) Define happiness.

 2. Answer **any Six** Questions from the following : 10×6=60
 - a) Describe with diagram the Topographical concept of Mind.
 - b) Describe with examples different attributes of sensation.
 - c) Discuss the concept of ‘reciprocal determinism’ after Bandura.
 - d) Delineate different causes of maladjustment.
 - e) Discuss the ‘Triguna Perspective’ of personality and behaviour.
 - f) What is adolescence crisis? Discuss different problems of adolescence period.
 - g) Define religion and spirituality. State different variables which are related to assessment of religiousness/spirituality.
 - h) Discuss different types of Parenting.
 - i) Discuss in brief the Eysenck’s concept of personality.

 3. Answer **any one** Question from the following: 20×1=20
 - a) What is Defence Mechanism? Describe different forms of major Defence Mechanism.
 - b) Discuss different stages of psycho-social development after Erikson.
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Post Graduate Diploma in Guidance & Counselling 1st Semester Examination - 2018-19
PSYCHOLOGICAL ASSESSMENT IN GUIDANCE & COUNSELLING
Third Paper (PGDGC-103)

ASSIGNMENT

(To be submitted by 18th November, 2018)

Full Marks - 100

Weightage of marks: 20%

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own languages as far as practicable.

1. Answer **any ten** Questions from the following : 2×10=20
- a) What is the difference between evaluation and assessment?
 - b) What is A.R.C.?
 - c) What do you mean by Sociometry?
 - d) What is C.R.C.?
 - e) Why is vocational interest measured?
 - f) What is called rating scale?
 - g) What is called as aptitude?
 - h) What is anxiety?
 - i) What is central tendency of scores?
 - j) What is interest inventory?
 - k) What is personal data bank?
 - l) What is meant by attitude?
2. Answer **any Six** Questions from the following : 10×6=60
- a) Discuss the nature and goal of psychological assessment.
 - b) Discuss the concept and types of reliability of measurement tools.
 - c) Discuss in detail about Kuder Occupational Interest Survey.
 - d) Give an account of logistics of psychological assessment.
 - e) Discuss the concept and types of Validity of measurement tools.
 - f) Discuss different types of interview and mention the limitations of interview.
 - g) Write down the main features and uses of C.R.C.
 - h) Write down the concept and main features of N.P.C.
 - i) Discuss in detail Holand's vocational performance Inventory.
3. Answer **any one** Question from the following: 20×1=20
- a) A, B, C, D, E, F are six students who are asked to name three other students with whom they want to be partner in a group game as per their choice of 1st, 2nd, 3rd. Draw a sociogram with fictitious data. Also make a rank based sociometry table. Find the most favoured, least favoured student from the sociogram and the sociometric table.
 - b) Calculate the mean median, mode of the following distribution and mention the uses of these measures.

Class	10-19	20-29	30-39	40-49	50-59	60-69	70-79	80-89
F	6	10	12	13	20	17	11	9
